



# SA Sport: Fast Facts

*A snapshot of current research  
in sport and recreation*

2008



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## 1. How to use this guide.

The research resources listed in this publication are not intended to be an exhaustive source of sport and recreation related data. The publications included have been selected based on the premise that they form part of an on-going time series, allowing results to be tracked over time.

Pages 4 to 9 include information related to the “supply-side” of sport and recreation services (business, employment, volunteers). Pages 8 to 12 focus on measures of “demand” (participation).

### Key Findings:

A summary of the most recent findings in sport and recreation research has been presented. Many of the surveys cited in this guide are conducted on a 3, 4 or 5 year cycle, the date of the most recent iteration is highlighted for each series. Where South Australia specific data was unavailable, national data has been used and is notated as such. Readers interested in the key findings can explore the data in greater depth via the source publication.

### Interpretations:

The data is deliberately presented without analytical comment. To aid the reader draw conclusions from the data two types of reference points have been commonly used: % of population and % of national.

Unless otherwise stated “%” is a measure of population prevalence. For example the proportion of South Australian adults involved in the specified activity. In many cases SA% is compared to Aus% to provide further insights.

*Example: 376,000 South Australians (or 10.2% of the adult population) volunteer in the sport and recreation sector. This compares to the Australian average where 1.7 million Australians (or 11.2% of the adult population) volunteer in the sport and recreation sector.*

In other cases “% of Aus” is used to demonstrate South Australia’s share of the national pool. To interpret this data it is important to recognise SA has 7.7% of the Australian adult population.

*Example: There are 216 South Australians whose main job was an umpire or referee. This represents 9.1% of all umpires and referees across Australia who reported this as their main job.*

A summary of meta-data has been provided for each data source to aid interpretation and provide a contextual background of the findings. This has been organised under the following headings:

|                                  |  |
|----------------------------------|--|
| <b>Reference:</b>                | The full title of the published research document.                         |
| <b>Data description:</b>         | The main purpose of the research.  |
| <b>Includes:</b>                 | A description of key variables (or questions) included in the publication. |
| <b>Time series availability:</b> | Past and planned future iterations of the publication.                     |
| <b>Link:</b>                     | A link to the data source is provided for further examination              |

### Data Consistency:

Differences between data sets are a normal phenomenon. Research findings can and do vary depending on the exact question wording, the context of the survey and survey vehicle and response rates. In addition, where sampling is used to project population estimates, the size of the sample has a direct correlation to sampling error.

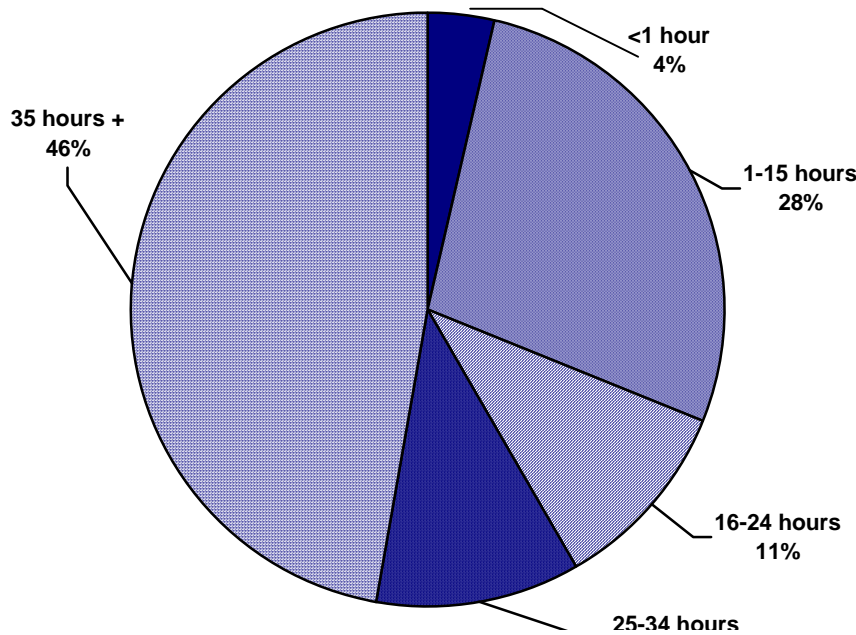
2. South Australians making a living from sport & recreation.

Highlights (2001 and 2006)

|   | <u>SA Persons</u><br><u>(2001)</u> | <u>SA Persons</u><br><u>(2006)</u> | <u>% of Aus</u><br><u>(2006)</u> |
|---|------------------------------------|------------------------------------|----------------------------------|
| ^Main job in sport and/or recreation:         | 6,235                              | 5,165                              | 6.9%                             |
| *Fitness instructors:                         | 1,151                              | 914                                | 6.6%                             |
| *Sports coach or sports person:               | 888                                | 1490                               | 6.4%                             |
| Recreation officer/manager or centre manager: | 558                                | 485                                | 6.8%                             |
| Greenkeeper:                                  | 1,057                              | 1,000                              | 8.2%                             |
| Sports development officer:                   | 66                                 | 74                                 | 8.2%                             |
| Sports umpire:                                | 276                                | 216                                | 9.1%                             |

\*Swimming instructors and teachers were included with fitness instructors in 2001, and in 2006 were included with sports coaches

Hours Worked\* in Sport and Recreation Occupations (Aus 2006)



Between 2001 and 2006, the number of Australians with their main job in sport and/or recreation increased by 22%, whereas in South Australia the number decreased by 21%

90% of all Australians whose main job was in the sport and recreation sector were employed by the private sector

\* Number of hours worked in the week before the 2001 census.

Note: 64% of all employed Australians worked 35+ hours in the week preceding the 2001 census.

|                                  |  |
|----------------------------------|--|
| <b>Reference:</b>                | ABS: Employment in Sport and Recreation 2006 (cat 4148.0)  |
| <b>Data description:</b>         | Count of people with <u>main</u> job in sport or physical recreation occupation in previous week |
| <b>Includes:</b>                 | industry of employment, sex, age, qualifications, income, hours worked and state                 |
| <b>Time series availability:</b> | 1996, 2001, 2006.  |
| <b>Link:</b>                     | <a href="#">4148.0 - Employment in Sport and Recreation, Australia, Aug 2006</a>                 |

### 3. Volunteering in sport & recreation

#### Highlights (2006)

|                                  | <u>SA</u>       | <u>AUS</u>        |
|----------------------------------|-----------------|-------------------|
| <b>All Volunteers:</b>           | 367,100 (31.4%) | 5,200,000 (34.1%) |
| Total hours volunteered (p.a.):  | 47.8 mil        | 706.7 mil         |
| Median hours volunteered (p.a.): |                 | 36                |

|                                  |                 |                   |
|----------------------------------|-----------------|-------------------|
| <b>Sport/Rec Volunteers:</b>     | 119,400 (10.2%) | 1,700,000 (11.2%) |
| Total hours volunteered (p.a.):  |                 | 187.2 mil         |
| Median hours volunteered (p.a.): |                 | 48                |

Volunteering in general is slightly **more prevalent in non-metro** areas (metro 30%, non-metro 34%).

In SA, one in four volunteer involvements **benefit a sport or recreation organisation**.

Sport and Rec volunteering is significantly more prevalent in non-metro areas. (metro 9.5%, non-metro 14.2%)

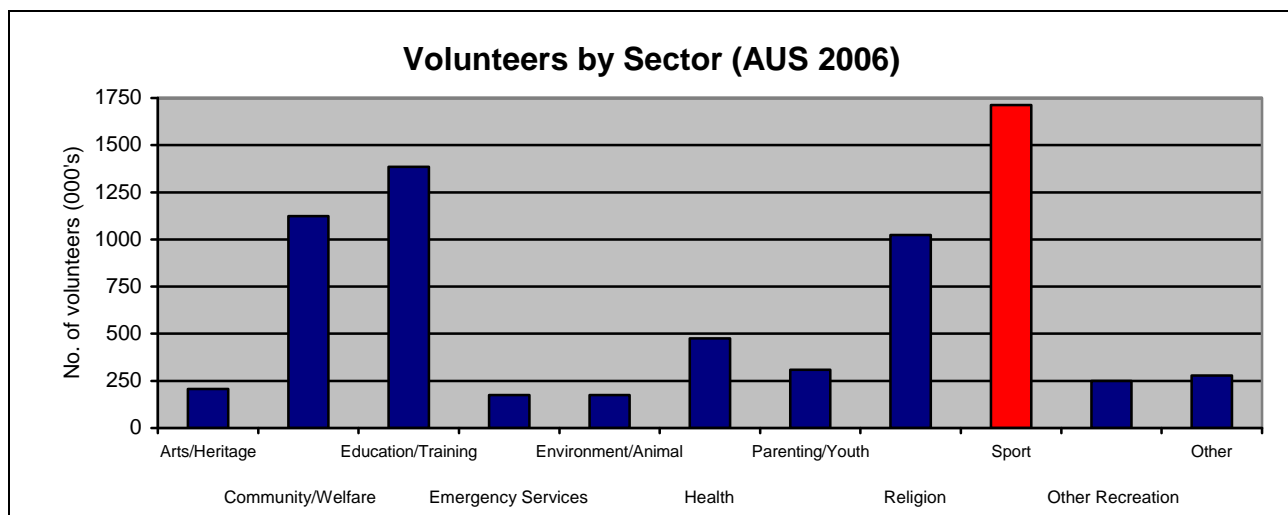
Non-metro volunteers invest on average 19 more hours' p.a. than metro volunteers

72% of Australian sport volunteers are involved in organisations that are **staffed entirely by volunteers**. Sport and recreation organisations rely on volunteers more than other sectors.

Almost **40% of fathers and more than 20% of mothers** of 5-14y.o's volunteer for a sport or recreation organisation.

One third of sport and recreation volunteers have been **volunteering for more than 5 years**, including 20% who have volunteered for more than 10 years.

The reason cited by 45% of sport and recreation volunteers for getting involved is **"Somebody asked me"**.



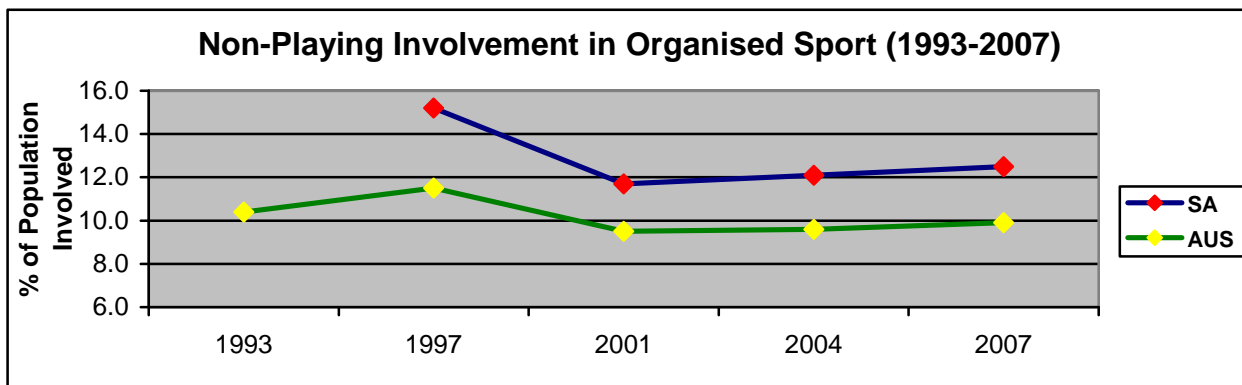
|                                  |  |
|----------------------------------|--|
| <b>Reference:</b>                | ABS: Voluntary Work, Australia 2006 (cat 4441.0)   |
| <b>Data description:</b>         | Participation rate in all voluntary activities (including sport orgs)  |
| <b>Includes:</b>                 | Type of organisations, activities, duration, frequency, hours, expenses, how became involved, motivations/reasons. |
| <b>Time series availability:</b> | 1995, 2000, 2006   |
| <b>Link:</b>                     | <a href="#">4441.0 - Voluntary Work, Australia, 2006</a>   |

## 4. South Australians “involved” in organised sport & recreation

### Highlights (2007)

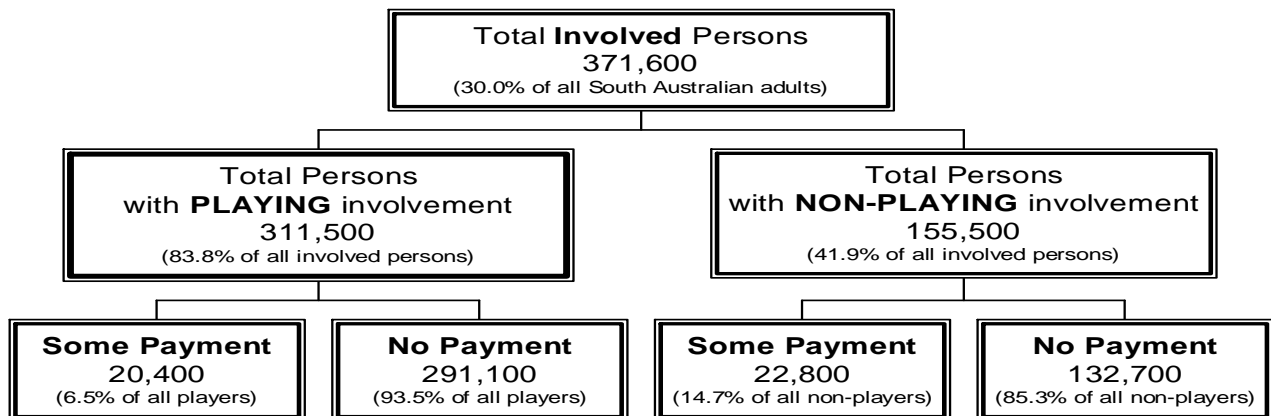
|                                   | <u>SA Persons</u> | <u>SA %</u> | <u>Aus %</u> |
|-----------------------------------|-------------------|-------------|--------------|
| Involved in organised sport:      | 371,600           | 30.0%       | 27.3%        |
| <sup>1</sup> Playing involvement: | 311,000           | 25.0%       | 23.4%        |
| Non-playing involvement:          | 155,500           | 12.5%       | 9.9%         |
| Coach:                            | 55,100            | 4.4%        | 4.0%         |
| Referee/Umpire:                   | 35,200            | 2.8%        | 2.3%         |
| Committee/Admin:                  | 67,900            | 5.5%        | 4.2%         |
| Scorer/timekeeper:                | 72,300            | 5.8%        | 3.8%         |
| Medical/other:                    | 22,900            | 1.8%        | 1.6%         |

Note: SA had a greater representation of all types of non-playing involvement than the Australian average.



### Payment Status:

Across Australia there were 1.6mil non-playing involvements. Of these, 329,500 (12.6%) earned **some form of payment**.



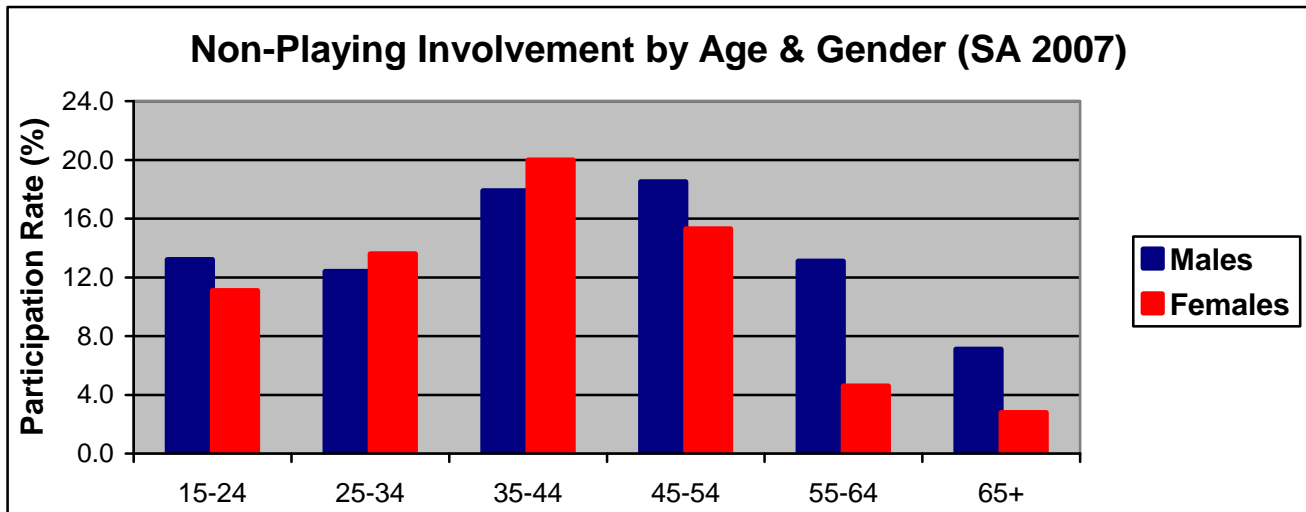
### Payment amount by type of involvement (Aus)

|                          | No Payment | Goods and Services | Less than \$5,000 | \$5,000 or more |
|--------------------------|------------|--------------------|-------------------|-----------------|
| Playing involvements     | 97.0%      | 1.0%               | 1.5%              | 0.5%            |
| Non-Playing Involvements | 87.4%      | 1.7%               | 7.5%              | 2.6%            |

<sup>1</sup> Note: A significant proportion of “non-playing involvement” is invested in junior and school sport. Junior participation in organised sport is estimated to be 123,000 children aged 5-15years (ABS Cat 4901.0). Total SA playing involvement equals 434,000 persons

**Involvement in organised sport - Continued...**

- Non-playing involvement peaked between the ages of 35-54 for both men and women.



- Of the 1.6 mil Australians with a non-playing role, 40% had multiple non-playing roles:

|          |     |
|----------|-----|
| 1 role   | 60% |
| 2 roles  | 25% |
| 3 roles  | 10% |
| 4 roles  | 4%  |
| 5 roles+ | 1%  |

- The roles most likely to demand more than a 10 hour commitment were "other" and "Coach/instructor/teacher" (Aus).
- 14% of coaching involvements demanded 10 hour + commitment (Aus).
- Overall 37.6% of people with a non-playing involvement claimed to have a relevant qualification. Including 87% of medical supporters, 52% of coaches and 49% of referees (Aus)
- Junior or School sport commanded 56% of all non-playing involvements, most notably 72% of coaching resources and 62% of referee resources (Aus).

|                                  |   |
|----------------------------------|---|
| <b>Reference:</b>                | ABS: Involvement in Organised Sport & Physical Activity (cat 6285.0)  |
| <b>Data description:</b>         | Playing & non-playing involvement in organised sport in prior year  |
| <b>Includes:</b>                 | Type of non-playing activities, payment status, income earned, time spent on activities, qualifications and junior/school involvement |
| <b>Time series availability:</b> | 1993, 1997, 2001, 2004, <b>2007</b>   |
| <b>Link:</b>                     | <a href="#">6285.0 - Involvement in Organised Sport and Physical Activity, Australia, Apr 2007</a>                                    |

## 5. Businesses providing sport and recreation services

### Highlights 2004/05 (Aus)

|   |             | <u>% change<sup>2</sup></u> |
|---|-------------|-----------------------------|
| Total Businesses:                                   | 9,256       |                             |
| Employing Businesses                                | 8,191       | +3.5%                       |
| Non-employing Businesses                            | 1,064       |                             |
| Employment  | 111,519     | +3.1%                       |
| Volunteers  | 181,832     | -2.2%                       |
| Income  | \$8,820.5 m | +11.7%                      |
| Expenses  | \$8,416.5 m | +9.9%                       |
| Operating Profit Margin                             | 6.9 %       |                             |
| Industry Value Added                                | \$2,349.6 m |                             |
| <b>SA Sports Grounds and Facilities (2. below):</b> |             | <b>% of national</b>        |
| Businesses  | 126         | 6.9%                        |
| Employment  | 1,779       | 4.9%                        |
| Income (membership and comp)                        | \$72.4 m    | 4.0%                        |
| <b>SA Sports and Services to Sport (3. below):</b>  |             |                             |
| Businesses  | 445         | 7.8%                        |
| Employment  | 4,516       | 9.5%                        |
| Govt Funding  | \$10.0 m    | 4.4%                        |
| Total Income  | \$256 m     | 6.4%                        |

|                                  |  |
|----------------------------------|--|
| <b>Reference:</b>                | ABS: Sports and Physical Recreation Services (cat 8686.0)  |
| <b>Data description:</b>         | ABS Economic survey of financial year ended June 2005  |
| <b>Includes:</b>                 | <p>No. of organisations, no. of employees, no. of volunteers, income (categorised), expenses (categorised). Available for:</p> <ol style="list-style-type: none"> <li>1. Horse and Dog racing</li> <li>2. Sports Ground and Facilities <ul style="list-style-type: none"> <li>- Health, fitness, gymnasium</li> <li>- Other venues, grounds and facilities</li> </ul> </li> <li>3. Sports and Services to Sport <ul style="list-style-type: none"> <li>- Admin orgs</li> <li>- Clubs, teams and sports professionals</li> <li>- Support services</li> </ul> </li> <li>4. Government Organisations <ul style="list-style-type: none"> <li>- State and Fed</li> <li>- LGA</li> </ul> </li> </ol> |
| <b>Time series availability:</b> | 1994/95, 2000/01, 2004/05 (not directly comparable due to definitional and survey changes)   |
| <b>Link:</b>                     | <a href="#">8686.0 - Sports and Physical Recreation Services, Australia, 2004-05</a>   |

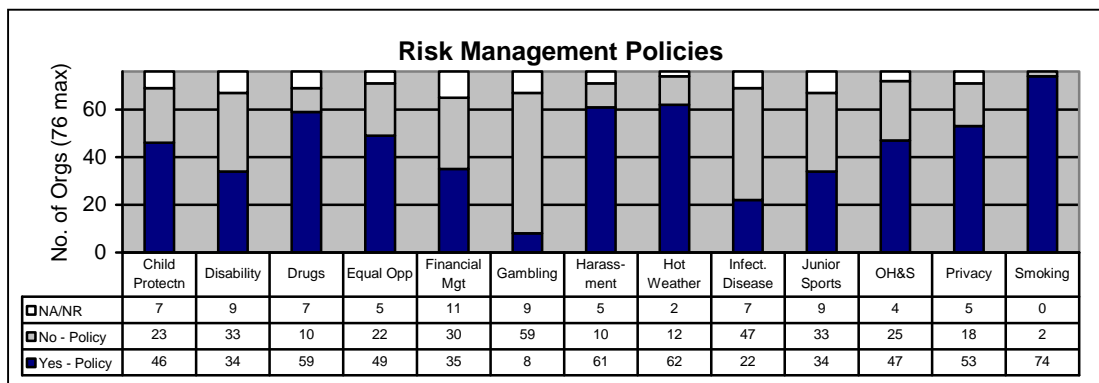
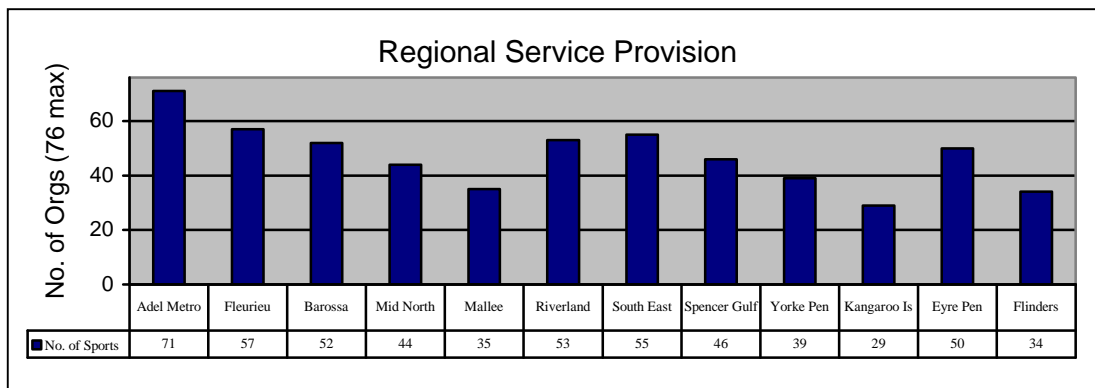
<sup>2</sup> Average annual % change 2000/01 to 2004/05 for employing businesses

## 6. Management profile of SA sport and recreation peak bodies

### Highlights 2005

|                             |         |                                 |        |
|-----------------------------|---------|---------------------------------|--------|
| Participations              | 945,871 | *Qualified Coaches              | 9,166  |
| Memberships                 | 433,454 | *Officials (umps, refs, judges) | 11,776 |
| Paid Staff (all)            | 2,906   | *Committee                      | 7,724  |
| Paid Staff (full-time)      | 339     | *Instructors                    | 1,113  |
| Total Volunteers            | 50,685  | *Trainers                       | 320    |
| Turnover (approx)           | \$96mil | *Medical                        | 1,022  |
| Representation on NSO Board | 59%     | **"Other" Volunteers            | 19,564 |
| Current Strategic Plan      | 96%     | Volunteer Register              | 65%    |
| Current Marketing Plan      | 49%     | Board Performance Appraisals    | 22%    |

*\*Included in "Total Volunteer" result*



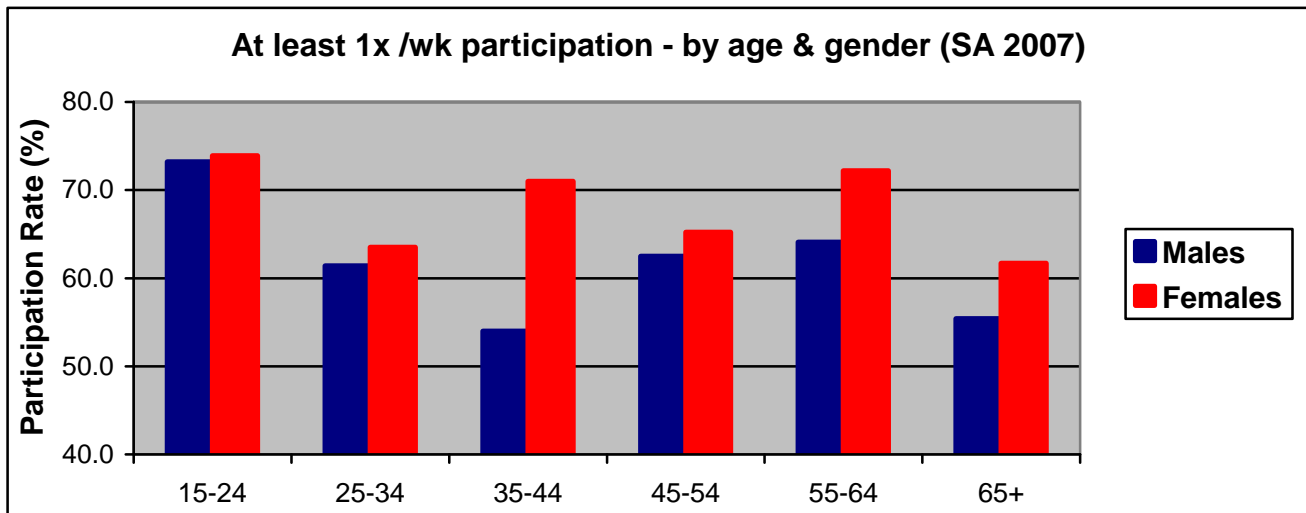
|                                  |   |
|----------------------------------|---|
| <b>Reference:</b>                | State Recreation & Sport Organisations Governance and Management Profile 2005   |
| <b>Data description:</b>         | Governance and management practices of SA Sport and Recreation peak bodies funded via ORS Statewide Enhancement Program (2004-2006).                  |
| <b>Includes:</b>                 | Risk management, membership, staffing, volunteer resources and practices, turnover, sources of funding, geographic coverage                           |
| <b>Time series availability:</b> | 2005, 2008 (due late 2008)  |
| <b>Link:</b>                     | Not available due to confidentiality of information. For more information regarding this survey please contact ORS Industry Development and Training. |

**7. Adult participation in exercise, recreation or sport**

**Highlights 2007**

**Participation Frequency (SA 2007):**

|                           | <u>Persons</u> | <u>SA%</u> | <u>AUS%</u> |
|---------------------------|----------------|------------|-------------|
| SA Participants           | 990,900        | 79.3%      | 79.4%       |
| SA – 1 x per week +       | 809,900        | 64.8%      | 66.7%       |
| SA – 3 x per week +       | 515,000        | 41.2%      | 43.5%       |
| SA – 5 x per week +       | 283,600        | 22.7%      | 24.6%       |
| SA Organised Participants | 470,300        | 37.7%      | 38.0%       |
| SA – Org 1 x per week +   | 310,300        | 24.8%      | 26.6%       |
| SA – Org 3 x per week +   | 126,200        | 10.1%      | 11.2%       |
| SA – Org 5 x per week +   | 44,100         | 3.5%       | 3.7%        |



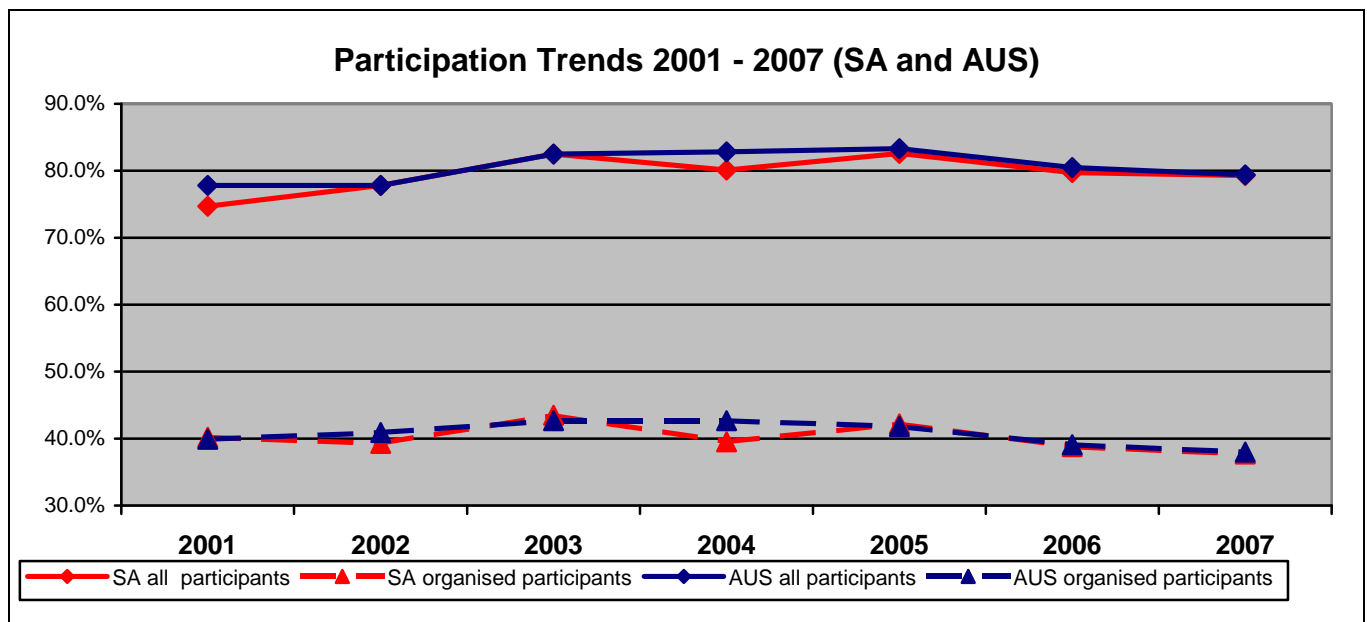
**Top 10 activities for South Australians:**

|                     | <u>Persons</u> | <u>SA%</u> | <u>AUS%</u> |
|---------------------|----------------|------------|-------------|
| Walking             | 424,000        | 34.0%      | 33.0%       |
| Aerobics/fitness    | 251,500        | 20.1%      | 20.2%       |
| Cycling             | 104,800        | 8.4%       | 9.7%        |
| Swimming            | 95,200         | 7.6%       | 12.0%       |
| Running             | 80,400         | 6.4%       | 7.6%        |
| Tennis              | 72,900         | 5.8%       | 5.8%        |
| Bush Walking        | 63,800         | 5.1%       | 5.7%        |
| Golf                | 53,400         | 4.3%       | 5.6%        |
| Netball             | 52,300         | 4.2%       | 3.2%        |
| Australian Football | 47,600         | 3.8%       | 1.9%        |

**Adult participation...Continued**

**Type of Organisation (2007):**

|   | <b><u>Persons</u></b> | <b><u>SA %</u></b> | <b><u>AUS%</u></b> |
|---|-----------------------|--------------------|--------------------|
| Organised Participants                  | 470,300               | 37.7%              | 38.0%              |
| SA sport/recreation club or association | 308,600               | 24.7%              | 25.7%              |
| SA fitness, leisure or indoor centre    | 156,100               | 12.5%              | 13.3%              |



**Duration in previous 2 weeks:**

|                   | <b>Aus Males</b> | <b>Aus Females</b> | <b>Aus All</b> | <b>SA All</b> |
|-------------------|------------------|--------------------|----------------|---------------|
| Less than 2 hours | 33.4%            | 34.0%              | 32.4%          | 33.0%         |
| 2 – 5 hours       | 35.9%            | 41.0%              | 38.5%          | 39.4%         |
| 5 hours or more   | 33.4%            | 25.0%              | 29.1%          | 27.7%         |

*(Those men that do participate are likely to participate for longer than women)*

**Frequency (Aus 2006):**

|  | <b>Males</b> | <b>Females</b> | <b>All</b> |
|--|--------------|----------------|------------|
| Median weekly sessions per participant           | 2.9          | 3.2            | 3.0        |
| Mean weekly sessions per participant             | 3.6          | 4.1            | 3.8        |
| Mean no. of different activities per participant | 3.8          | 2.0            | 2.1        |

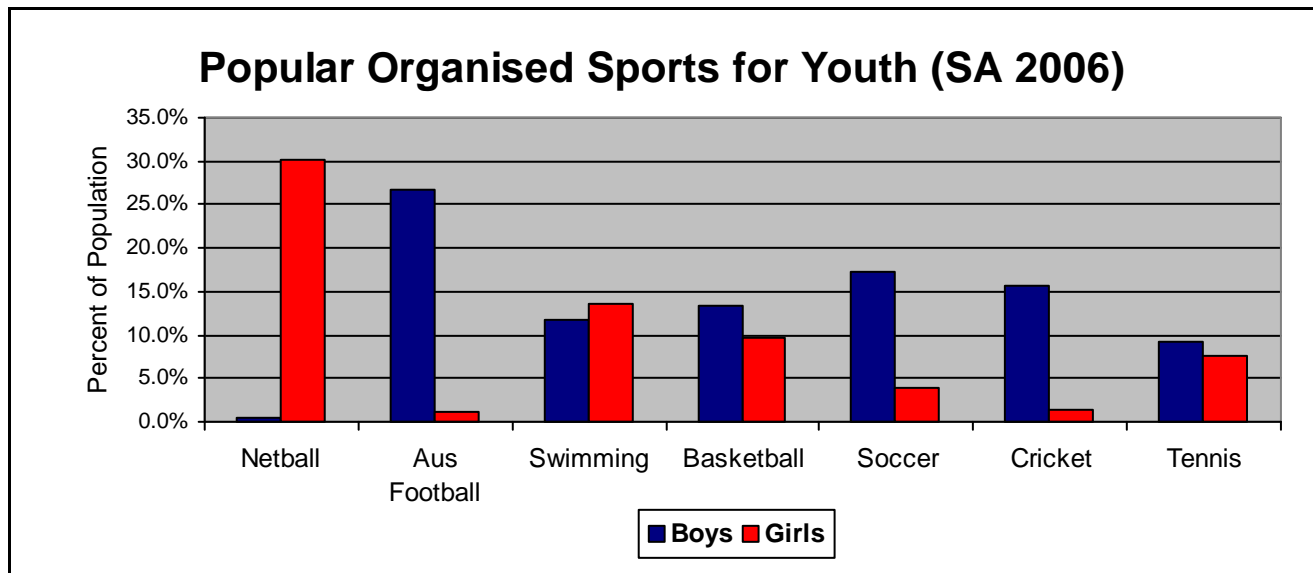
*(Women are likely to participate in fewer activities than men, but more frequently)*

|                                  |   |
|----------------------------------|---|
| <b>Reference:</b>                | Exercise Recreation and Sport Survey 2007   |
| <b>Data description:</b>         | Participation in exercise recreation and sport in prior 12 months                       |
| <b>Includes:</b>                 | Type of activity, organisation, number of activities, duration, frequency, demographics |
| <b>Time series availability:</b> | 2001, 2002, 2003, 2004, 2005, 2006, 2007.   |
| <b>Link:</b>                     | <a href="#">Exercise, Recreation, and Sport Survey</a>                                  |

8. Youth participation in organised sport

Highlights (2006)

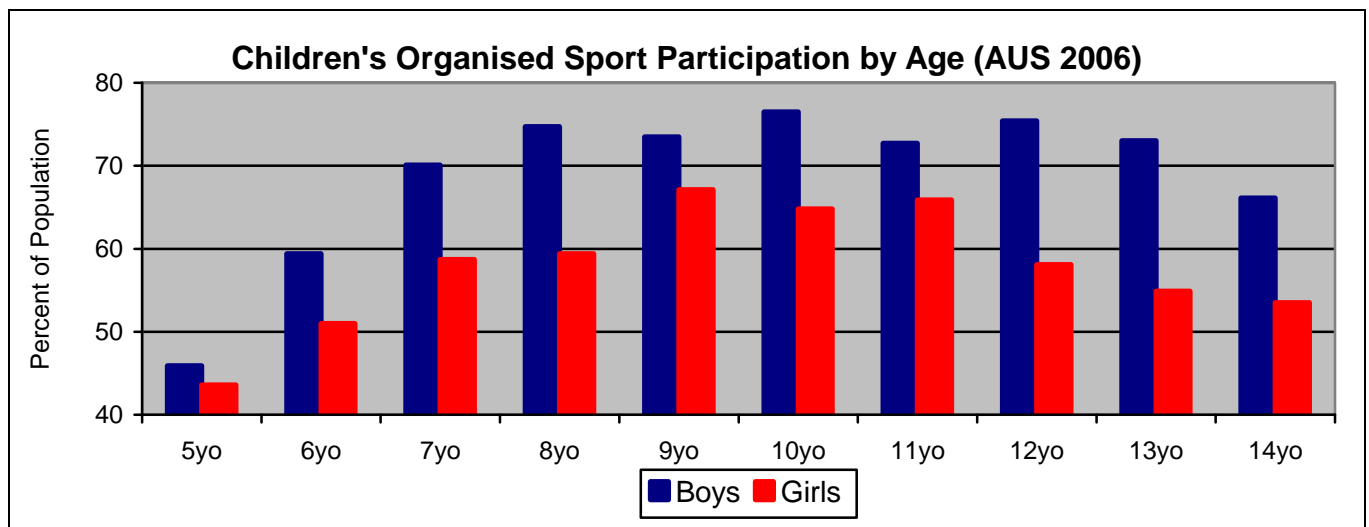
| Activity  | SA Girls %   | SA Boys %    | SA%          | Aus%          |
|---|--------------|--------------|--------------|---------------|
| Musical Instrument                                | 19.2%        | 15.6%        | 17.3%        | 19.5%         |
| Singing   | 8.8%         | 4.0%         | 6.4%         | 5.5%          |
| Dancing   | 15.8%        | 1.6%         | 8.6%         | 12.5%         |
| Drama   | 3.5%         | 3.0%         | 3.2%         | 4.5%          |
| Attended library/museum/<br>gallery or arts event | 77.5%        | 75.9%        | 76.6%        | 70.5%         |
| <b>Played organised sport</b>                     | <b>54.1%</b> | <b>68.9%</b> | <b>64.1%</b> | <b>63.5%</b>  |
| <b>(Organised sport &amp;/or dance</b>            | <b>62.7%</b> | <b>70.2%</b> | <b>66.5%</b> | <b>67.9%)</b> |
| Bike Riding                                       | 55.9%        | 71.6%        | 63.9%        | 67.8%         |
| Skateboard/Rollerblading                          | 18.1%        | 29.4%        | 23.9%        | 23.6%         |
| TV / Video / DVD                                  | 98.3%        | 98.2%        | 98.2%        | 97.4%         |
| Electronic Games                                  | 50.5%        | 83.5%        | 67.4%        | 63.6%         |
| Art / craft                                       | 63.0%        | 40.2%        | 51.4%        | 49.1%         |
| Reading for pleasure                              | 77.4%        | 66.9%        | 72.5%        | 74.5%         |
| Homework  | 84.4%        | 82.7%        | 83.6%        | 82.9%         |
| Accessed the Internet                             | 65.8%        | 64.3%        | 65.0%        | 64.9%         |



Number of Organised Sports Played by Youth (Aus 2006):

|                      | Girls | Boys  | Total |
|----------------------|-------|-------|-------|
| No Sport             | 42.2% | 31.1% | 36.5% |
| One or more sports   | 57.8% | 68.8% | 63.5% |
| Two or more sports   | 25.0% | 36.6% | 31.0% |
| Three or more sports | 7.8%  | 13.6% | 10.8% |

Youth Participation...Continued



|                 | 5-8 yo                        |                  | 9-11 yo                   |                  | 12-14 yo          |                  |
|-----------------|-------------------------------|------------------|---------------------------|------------------|-------------------|------------------|
|                 | Boys                          | Girls            | Boys                      | Girls            | Boys              | Girls            |
| 1 <sup>st</sup> | Swimming<br>24%               | Swimming<br>25%  | Football<br>21%           | Netball<br>25%   | Football<br>18%   | Netball<br>20%   |
| 2 <sup>nd</sup> | Football<br>20%               | Gymnastics<br>9% | AFL<br>17%                | Swimming<br>19%  | Cricket<br>14%    | Swimming<br>8%   |
| 3 <sup>rd</sup> | AFL<br>12%                    | Netball<br>9%    | Swimming<br>16%           | Tennis<br>9%     | AFL<br>13%        | Basketball<br>8% |
| 4 <sup>th</sup> | Tennis<br>7%                  | Football<br>5%   | Cricket<br>11%            | Football<br>8%   | Basketball<br>11% | Football<br>8%   |
| 5 <sup>th</sup> | Martial Arts<br>Cricket<br>7% | Tennis<br>5%     | Tennis<br>R. League<br>9% | Basketball<br>7% | R.League<br>9%    | Tennis<br>7%     |

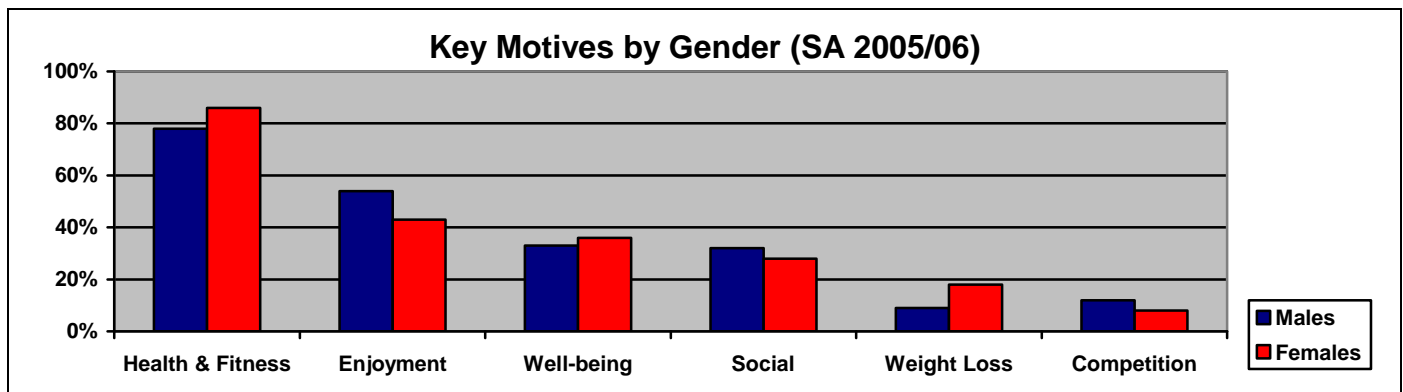
|                                  |   |
|----------------------------------|---|
| <b>Reference:</b>                | ABS: Children's Participation in Cultural & Leisure Activities (cat 4901.0)   |
| <b>Data description:</b>         | Children's participation in organised cultural and sport activities outside of school hours.  |
| <b>Includes:</b>                 | Demographic information, type of organised sport, duration, frequency, no. of activities, dance participation, other leisure and cultural activities, homework, internet, reading |
| <b>Time series availability:</b> | 2000, 2003, 2006.   |
| <b>Link:</b>                     | <a href="#">4901.0 - Children's Participation in Cultural and Leisure Activities, Australia, Apr 2006</a>   |

9. What motivates (and constrains) adults to be regularly active?

Highlights (2004/05)

**Motives<sup>3</sup>:** (% of regular participants)

| Regular Participants  | SA (by gender) |       | AUS (by age) |       |       |       |       |     |
|-----------------------|----------------|-------|--------------|-------|-------|-------|-------|-----|
|                       | Females        | Males | 15-24        | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Health and Fitness    | 86%            | 78%   | 76%          | 83%   | 84%   | 85%   | 84%   | 82% |
| Enjoyment             | 43%            | 54%   | 67%          | 53%   | 52%   | 50%   | 51%   | 49% |
| Wellbeing             | 36%            | 33%   | 35%          | 40%   | 44%   | 46%   | 43%   | 39% |
| Social/family         | 28%            | 32%   | 46%          | 37%   | 33%   | 27%   | 27%   | 30% |
| Weight loss           | 18%            | 9%    | 13%          | 20%   | 20%   | 21%   | 17%   | 8%  |
| Competition/challenge | 7%             | 12%   | 22%          | 12%   | 10%   | 8%    | 8%    | 7%  |



**Constraints<sup>4</sup>:** (% of irregular and non-participants)

| Irregular Participants  | SA (by Gender) |       | AUS (by age) |       |       |       |       |     |
|-------------------------|----------------|-------|--------------|-------|-------|-------|-------|-----|
|                         | Females        | Males | 15-24        | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Time-work/study related | 23%            | 29%   | 42%          | 37%   | 38%   | 33%   | 18%   | 2%  |
| Not interested          | 25%            | 18%   | 37%          | 27%   | 23%   | 21%   | 19%   | 10% |
| Age                     | 22%            | 19%   | 0%           | 1%    | 3%    | 10%   | 26%   | 62% |
| On-going injury/illness | 17%            | 23%   | 7%           | 7%    | 11%   | 18%   | 26%   | 24% |
| Time-family related     | 14%            | 6%    | 7%           | 23%   | 28%   | 14%   | 7%    | 2%  |
| Already Active          | 6%             | 7%    | 8%           | 7%    | 8%    | 11%   | 12%   | 5%  |

|                                  |  |
|----------------------------------|--|
| <b>Reference:</b>                | ABS: Participation in Sports and Physical Recreation (cat 4177.0)  |
| <b>Data description:</b>         | Characteristics of persons aged 15+ who participated in Sport and physical recreation as a player or competitor or physically undertakes activity (ie excludes spectators and officials) |
| <b>Includes:</b>                 | Social demographic characteristics, frequency, regularity, constraints and motivators, most popular sports and physical activities, organisation of activity.                            |
| <b>Time series availability:</b> | 1995/96, 96/97, 97/98, 98/99, 99/00, 2002, 2004/05   |
| <b>Link</b>                      | <a href="#">4177.0 - Participation in Sports and Physical Recreation, Australia, 2005-06</a>   |

<sup>3</sup> The question on motivators was asked of all participants who participated in all activities 13 or more times. Multiple responses were allowed.

<sup>4</sup> Information on the constraints of participation was sought from those who did not participate at all and from those who participated in all activities 12 times or less. Multiple responses were allowed.

## 10. Finding Further Information

### AUSTRALIAN BUREAU OF STATISTICS

Many of the stats presented in this document have been sourced from the ABS.

ABS statistics are publicly available from the ABS web-site.

A link to each of the specific ABS surveys cited is provided.

Other ABS publications, including census material, can be found:

[Australian Bureau of Statistics](#)

### EXERCISE RECREATION AND SPORT SURVEY

The Exercise Recreation and Sport Survey (ERASS) is a joint initiative of the Australian Sports Commission and the state and territory agencies responsible for sport and recreation.

ERASS publication present information regarding:

- Type of participation in physical activities for exercise recreation and sport
- Frequency of participation in organised and non-organised activities over 12 months.
- Duration of participation over 2 weeks
- Participation trends over time.

ERASS is publicly available from the Standing Committee on Recreation and Sport (SCORS) Research Group (SRG) web site.

The complete series from 2001 is available. Raw data can be accessed by permission.

[SCORS Research Group: ERASS](#)

### OFFICE FOR RECREATION AND SPORT

These statistics have been compiled and summarised by the Research Officer, Office for Recreation and Sport.

For further information on any of the series presented in this document please contact the Office for Recreation and Sport.

[Office for Recreation & Sport SA](#)

